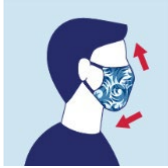


# Considerations and Minimum Criteria for Cloth Face Coverings

September 4, 2020

Cloth face coverings may slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others.

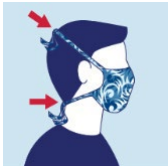
## Minimum criteria:



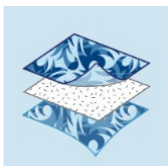
1. Fully covers the nose and below the chin.



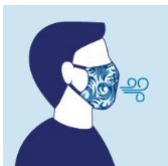
2. Fits snugly but comfortably against the side of the face.



3. Secured with ties or ear loops so that it can be adjusted, "holes for the ears" are not ideal.



4. Includes at least 2 layers of fabric. Bandannas and face coverings made of fleece are not recommended.



5. Allows for breathing without restriction, cotton or cotton blends are good options. Masks should not be equipped with an exhalation valve.



6. Can be laundered and machine dried without damage or change to shape, this helps sanitize them (ideally it should be substantial enough to sustain at least 30 washes).

## Nice to have:



7. Covering has some way to differentiate sides so it is easy to always wear the mask in the same orientation, this can be done with a fabric marker or tag if both sides are similar.

8. Covering is provided with care and use instructions.

For more information:

<https://medical.mit.edu/covid-19-updates/2020/08/how-do-i-choose-cloth-face-mask>