



DOC #:	EHS-0195	Revision #:	1.1
DOC Type:	Fact Sheet	Implementation Date:	09/01/2019
Page #:	1 of 3	Last Reviewed/Update Date:	01/08/2024
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Fact Sheet: Personal Survival Kit Sample Contents

Wilderness survival kits contain different items than an Emergency survival kit for the home. Items you choose to include in your kit may also need to reflect the area and time of year of your adventure.

A personal survival kit is intended to be kept on your person at all times while in the wild and opened only in emergency. In addition to the kit, you should also always have your essential tools listed below.

None of this does any good unless you have a plan and knowledge on how to use it. For example, if you don't know how to fish, the tiny fishing kit is just extra weight.

Personal Survival Kit

(Weight = 10 oz.)

- 1 Two Piece Aluminum Container, 3 7/16" x 6" x 1 1/16"
- 1 Signal Mirror
- 1 [Spark-Lite](#) Firestarter Flint
- 10 pk Spark-Lite 'Fire Tab' Tinder
- 10 Windproof/Waterproof Matches and Striker
- 1 Wire Blade Survival Saw
- 1 Fishing Kit: 10 hooks, 2 swivels, 4 split shot, 25ft. of 20lb. line, 10 ft. of 8lb. leader
- 25 ft. Nylon dental floss
- 1 Mini-compass
- 3 oz. SPF30 sunblock

Medical Supplies (in zip-lock baggie, replace expired items as needed)

- 4 Band-Aids, 1 x 3 in.
- 2 Band-Aids, 2 in.
- 2 Antibiotic Salve
- 6 Wound Closure Strips, 1/4' x 2' (butterfly bandage)
- 2 Povidone Iodine Solution, .6 ml ampule/swabs
- 6 Pain killer pills

- 50 Water Purification Tablets ([Potable-Aqua](#))
- 2 1 qt. Plastic zip-lock bag
- 20 ft. Nylon Cord
- 9 ft. Electrical Tape (wrapped around kit to seal it)

- 2 Large Sewing Needles
- 10 ft. Sewing Thread
- 1 Plastic Magnifying Glass
- 8 Safety Pins
- 8 sq. ft. Aluminum Foil
- 1 Small Pencil
- 4 Waterproof Paper ([Rite In The Rain](#))
- 1 First Aid Instructions

Mini Survival Kit

(Weight = 6 oz.)

- 1 Tin Container ([Altoids size](#))
- 1 Polished aluminum tape applied to interior of lid, protected by peel-away sheet.
- 1 [Spark-Lite](#) Fire Starter
- 4 Windproof/Waterproof Matches and Striker
- 1 Fishing Kit: 6 hooks, 2 swivels, 4 split shot, 25ft. of 20lb. line, 10 ft. of 8lb. leader
- 20 ft. Nylon dental floss
- 1 Wire Survival Saw
- 1 Mini-compass
- 2 Band-Aids, 1 x 3 in.
- 2 Band-Aids, 2 in.
- 6 Pain killer pills
- 6 Antibiotic cream
- 25 Water purification tablets ([Potable-Aqua](#))
- 9 ft. Nylon Cord (wrapped around kit)
- 3 ft. Electrical Tape (wrapped around kit to seal it)
- 16 in. Duct Tape
- 10 ft. Sewing Thread
- 2 Sewing Needles
- 6 Safety Pins
- 5 sq. ft. Aluminum Foil
- 1 Small Pencil
- 2 Waterproof paper ([Rite In The Rain](#))

Essential Personal Equipment

- Pocketknife
- Knife Sharpener
- Whistle
- Flashlight
- Compass

- Signal Mirror

References and Additional Resources

- Boy Scout Trail, Wilderness Survival Gear – [Personal Survival Kit Sample Contents](#)